



WORTHY LIFE PROGRAM



HAWK REQUIREMENTS:

Complete all requirements to earn the Worthy Life Badge.

Group activities will be covered in regular troop meetings—all others are for at home completion

GROUP ACTIVITIES:

- 1) _____ ***Participate in the Lesson 1 - Faith in Jesus and the Story of the Good Samaritan**
Trailman will be taught what faith in Jesus is all about, and the importance of Loving others as we are loved by God.
- 2) _____ ***Participate in the Lesson 2 - Standing up for our Faith**
Trailman will be looking at the story of Daniel, and discussing the importance of putting God first.

AT HOME ACTIVITIES TO COMPLETE:

- 1) _____ **Perform an act of service for your church**
You may also perform service for the charter organization church, or through any other church ministry. (This must be completed during the troop season)
- 2) _____ **Lead a Prayer for a meal with your family.**
- 3) _____ **Lead a Prayer for a meal at a camp or a Hit the Trail! outing.**
- 4) _____ **Study the Lord's Prayer with your family and Discuss.**
Discuss: Explain what the phrase "Forgive us our debts" means
How can we actually do that?
(Matthew 6:9-15, Luke 11:2-4)
- 5) _____ **Attend a special Christmas, Easter, or other church holiday service**
and discuss what you learned with your family.
- 6) _____ **Hawk Family Point– on Teamwork and Cooperation.**
(Discussion sheet is attached)

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HAWK – FAMILY TEAMWORK AND COOPERATION ACTIVITY



Ecclesiastes 4:9-12 (ESV)

"Two are better than one, because they have a good reward for their toil. ¹⁰ For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! ¹¹ Again, if two lie together, they keep warm, but how can one keep warm alone? ¹² And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken."

Do you think of your family as a team? Have you ever wanted your children to be a little more supportive of each other? Do you believe cooperation is important when accomplishing family goals? How does each family member contribute to the family? Are your children aware of their skills and talents? Do you ever feel as if your family is running in several different directions?

Most families have several different commitments so there isn't as much time to spend together. For this reason, it is important, now more than ever, to spend fun time together! When families are willing to listen to each other and work together to achieve a common goal, it creates a bond that lasts for a lifetime. The family unit is the perfect place to practice the following teamwork skills: trust, communication, listening, and cooperating with each other.

The Water Game is ideal to practice valuable life skills; you will need two blindfolds, two plastic cups, and a bottle of water.

- Blindfold two family members; have one sit down and hold the plastic cup on their head or lap. The other family member will hold the plastic cup with the water and stand approximately three or four feet away.
- The third family member, using communication skills, will direct the family member with the cup of water to pour it into the other family member's empty cup.
- Everyone in the family will get a turn holding the empty cup, pouring the water into the empty cup, and directing where and how to pour the water into the empty cup.

To encourage children to talk about their feelings, try asking these questions: How did you feel when you were waiting for the water to be poured into your cup? What were you thinking when you poured the water into the empty cup? When you got wet, how did you feel? How do you think the other family member felt when they got wet?

One definition of teamwork is **many hands, many hearts, many minds, one goal**. Throughout their lives, children will be involved in many different groups. Since the family unit is where your children will learn about teamwork, below are three fun activities you can do to practice working together.

Make a collage of various groups or teams! You will be able to get some old magazines at your local library to use. Have your family look for and cut out pictures of children or adults working as a team; then glue them onto a poster board. This will give you the opportunity to discuss how each person brings his or her own special talents and skills to the family, team, or group he or she is involved with.

Write a story together! Have an adult start the story; then each child will take a turn adding to the story. Either a child or adult will finish the story. With younger children, have them draw pictures and write what they say under the picture.

Do a random act of kindness for someone else! Have the family decide what you want to accomplish; what might stop you; how will each family member contribute, and when do you want to achieve your goal?

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HAWK – FAMILY TEAMWORK AND COOPERATION ACTIVITY (continued)

How will each family member contribute? Since children sometimes have difficulty seeing their talents and skills, play the M&M Game. Put a dish of candy in the middle of the table and spin an empty plastic bottle. When it stops in front of a family member, everyone else states one skill or talent the family member has. Then they take an M&M. Keep playing the game until all family members have an idea of their skills and talents.

Family night is a good time to try some of these games and activities! As a Family, plan several family nights where you can work on teamwork and cooperation. Use the Bible verses provided above to talk about how they fit into the family and how God really wants families to work together.