



WORTHY LIFE PROGRAM



FOX REQUIREMENTS:

Complete all requirements to earn the Worthy Life Badge.

Group activities will be covered in regular troop meetings—all others are for at home completion.

GROUP ACTIVITIES:

- 1) _____ ***Participate in the Worthy Life Teaching on Prayer** during troop meeting.
Trailman will be taught the basics of prayer, and answering the question, "Who is God?"
- 2) _____ ***Participate in the Worthy Life Teaching on Faith** during troop meeting.
Trailman will be taught the basics of Faith, and what the gospel "good news" is all about.

AT HOME ACTIVITIES TO COMPLETE:

- 1) _____ **Memorize John 3:16.**
Parents— Lead a discussion with your Trailman about what this passage means. Questions for discussion:
 1. Why did Jesus have to be "sent" for us, and why do we need to "believe" in Him?
 2. What is "eternal life"?
- 2) _____ **Perform an act of service for your church**
You may also perform service for the charter organization church, or through any other church ministry. (This must be completed during the troop season)
- 3) _____ **Participate in a camp prayer** or a Hit the Trail! prayer. (Just be a part of it)
- 4) _____ **Discuss the Lord's Prayer.**
Find where the Lord's prayer is in the gospels, and explain "Our Father in heaven"
Question: What does it mean to call God "Father"?
(Matthew 6:9-15, Luke 11:2-4)
- 5) _____ **Attend a special Christmas, Easter, or other church holiday service**
and discuss what you learned with your family.



WORTHY LIFE PROGRAM



HAWK REQUIREMENTS:

Complete all requirements to earn the Worthy Life Badge.

Group activities will be covered in regular troop meetings—all others are for at home completion

GROUP ACTIVITIES:

- 1) _____ ***Participate in the Lesson 1 - Faith in Jesus and the Story of the Good Samaritan**
Trailman will be taught what faith in Jesus is all about, and the importance of Loving others as we are loved by God.
- 2) _____ ***Participate in the Lesson 2 - Standing up for our Faith**
Trailman will be looking at the story of Daniel, and discussing the importance of putting God first.

AT HOME ACTIVITIES TO COMPLETE:

- 1) _____ **Perform an act of service for your church**
You may also perform service for the charter organization church, or through any other church ministry. (This must be completed during the troop season)
- 2) _____ **Lead a Prayer for a meal with your family.**
- 3) _____ **Lead a Prayer for a meal at a camp or a Hit the Trail! outing.**
- 4) _____ **Study the Lord's Prayer with your family and Discuss.**
Discuss: Explain what the phrase "Forgive us our debts" means
How can we actually do that?
(Matthew 6:9-15, Luke 11:2-4)
- 5) _____ **Attend a special Christmas, Easter, or other church holiday service**
and discuss what you learned with your family.
- 6) _____ **Hawk Family Point– on Teamwork and Cooperation.**
(Discussion sheet is attached)

WORTHY LIFE PROGRAM

HAWK – FAMILY TEAMWORK AND COOPERATION ACTIVITY



Ecclesiastes 4:9-12 (ESV)

"Two are better than one, because they have a good reward for their toil. ¹⁰ For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! ¹¹ Again, if two lie together, they keep warm, but how can one keep warm alone? ¹² And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken."

Do you think of your family as a team? Have you ever wanted your children to be a little more supportive of each other? Do you believe cooperation is important when accomplishing family goals? How does each family member contribute to the family? Are your children aware of their skills and talents? Do you ever feel as if your family is running in several different directions?

Most families have several different commitments so there isn't as much time to spend together. For this reason, it is important, now more than ever, to spend fun time together! When families are willing to listen to each other and work together to achieve a common goal, it creates a bond that lasts for a lifetime. The family unit is the perfect place to practice the following teamwork skills: trust, communication, listening, and cooperating with each other.

The Water Game is ideal to practice valuable life skills; you will need two blindfolds, two plastic cups, and a bottle of water.

- Blindfold two family members; have one sit down and hold the plastic cup on their head or lap. The other family member will hold the plastic cup with the water and stand approximately three or four feet away.
- The third family member, using communication skills, will direct the family member with the cup of water to pour it into the other family member's empty cup.
- Everyone in the family will get a turn holding the empty cup, pouring the water into the empty cup, and directing where and how to pour the water into the empty cup.

To encourage children to talk about their feelings, try asking these questions: How did you feel when you were waiting for the water to be poured into your cup? What were you thinking when you poured the water into the empty cup? When you got wet, how did you feel? How do you think the other family member felt when they got wet?

One definition of teamwork is **many hands, many hearts, many minds, one goal**. Throughout their lives, children will be involved in many different groups. Since the family unit is where your children will learn about teamwork, below are three fun activities you can do to practice working together.

Make a collage of various groups or teams! You will be able to get some old magazines at your local library to use. Have your family look for and cut out pictures of children or adults working as a team; then glue them onto a poster board. This will give you the opportunity to discuss how each person brings his or her own special talents and skills to the family, team, or group he or she is involved with.

Write a story together! Have an adult start the story; then each child will take a turn adding to the story. Either a child or adult will finish the story. With younger children, have them draw pictures and write what they say under the picture.

Do a random act of kindness for someone else! Have the family decide what you want to accomplish; what might stop you; how will each family member contribute, and when do you want to achieve your goal?

WORTHY LIFE PROGRAM

HAWK – FAMILY TEAMWORK AND COOPERATION ACTIVITY (continued)

How will each family member contribute? Since children sometimes have difficulty seeing their talents and skills, play the M&M Game. Put a dish of candy in the middle of the table and spin an empty plastic bottle. When it stops in front of a family member, everyone else states one skill or talent the family member has. Then they take an M&M. Keep playing the game until all family members have an idea of their skills and talents.

Family night is a good time to try some of these games and activities! As a Family, plan several family nights where you can work on teamwork and cooperation. Use the Bible verses provided above to talk about how they fit into the family and how God really wants families to work together.



WORTHY LIFE PROGRAM



MOUNTAIN LION REQUIREMENTS:

Complete all requirements to earn the Worthy Life Badge.

Group activities will be covered in regular troop meetings—all others are for at home completion

GROUP ACTIVITIES:

- 1) _____ ***Participate in the Lesson 1 - Hero of Faith - Timothy**
Trailman will be taught the 5 lessons Timothy gives about being a "Man of God"
- 2) _____ ***Participate in the Lesson 2 - Hero of Faith - Peter**
Trailman will be looking at Peter, and how He chose to keep following Jesus (even after failure).

AT HOME ACTIVITIES TO COMPLETE:

- 1) _____ **Perform an act of service for your church**
You may also perform service for the charter organization church, or through any other church ministry. (This must be completed during the troop season)
- 2) _____ **Lead a Prayer for a meal with your family.**
- 3) _____ **Lead a Prayer for a meal at a camp or a Hit the Trail! outing.**
- 4) _____ **Study the Lord's Prayer with your family and Discuss.**
Discuss:
 - Explain "give us this day our daily bread"—How does God provide for me daily? How can I place my trust that he will provide- and "lead us not into temptation?"
 - We are always tempted to do the wrong things, so how does my faith work with my decision making?
 - DOING GOD'S WILL—think about the decision and ask yourself questions: - How is this going to affect me? How will this affect my family? How will this affect my walk with Jesus? (Talk about what it means to "Walk Worthy")
- 5) _____ **Attend a special Christmas, Easter, or other church holiday service**
Afterwards, discuss what you learned with your family.
- 6) _____ **Mountain Lion Family Point—on Obstacles of Faith**
(Discussion sheet is attached)
- 7) _____ **FAMILY DEVOTIONAL – Care for the Community as Family**
Think about ways ways to impact the community as a family as Jesus did. (Discussion sheet is attached)
- 8) _____ **FAMILY DEVOTIONAL – What does the Bible say about family**
Complete the lesson on what the Bible says about family. (Discussion sheet is attached)

WORTHY LIFE PROGRAM

MOUNTAIN LION – CARE FOR THE COMMUNITY AS A FAMILY



INTRODUCTION: Do you think children can help others? What are some ways you can help your friends? Can moms and dads help care for other people? There are many ways we can help. We can share a lunch with a friend or do extra chores at home. God can use adults like our parents and children, too, to care for other people and share God's love. In our story today, Jesus and a little boy together helped thousands of people!

As a family, read John 6:5-13.

The bible says: "Bear one another's burdens" - Galatians 6:2

Discussion Questions: Let's take a closer look at the story we heard today.

- How many men came to see Jesus? (5,000 men)
- Who gave Jesus his lunch? (A boy)
- What did the boy have for his lunch? (5 loaves of bread and 2 fish)

POINT: The boy had no idea what was about to happen. Can you imagine having someone take your small lunch and trying to feed 5,000 hungry men? With the faith of the boy and the help of the disciples, Jesus performed a miracle and fed the 5,000! The boy and the disciples served God by helping to feed the people.

What are some ways you can help others? How can we help others in our neighborhood? Why is it important to help people?

We should pray for God to show us ways that we can serve Him. Serving God is a way of showing our obedience to Him. He wants us to care and share with other people. There are so many things you can do for others even though you are a child, just like the boy in the story. We need to find things that we are good at and use those things to serve God.

Let's pray to God for His help:

Dear God, Help me to find things that I am good at and use those things to help others. Show me ways I can help people and share Your love. Help me to obey You in - Amen.

TO DO: Find a project your family can do for your neighbor.

MOUNTAIN LION – FAMILY DEVOTIONAL–



WHAT DOES THE BIBLE SAY ABOUT FAMILY?

1. **Families in the Bible were important to God.** *The role of the child was to learn about God! Home is to be the perfect school, and the parent is the perfect teacher. Father is preacher and priest, and the mother is teacher. Both of them are needed!*

2. **Family mandate is biblical**, and we should follow God's command and ways, "...and that you may tell in the hearing of your son and of your grandson how I have dealt harshly with the Egyptians and what signs I have done among them, that you may know that I am the Lord." - Exodus 10:2 (ESV) (It is important for parents to pass along their faith stories and experiences of following God.)

3. WHY?

- a. Family is God's first way
 - i. Adam and Eve was the beginning man and woman
 - ii. Deuteronomy. 6 teaches about the role of the family
- b. What was Family compared to?
 - i. The church is a family (Eph. 2:19; 1 Cor. 1:10)
 - ii. The Biblical doctrine of adoption is for us all (Romans 8:14-17)
 - iii. The church is the bride of Christ (Eph. 5:22-32)
 - iv. The saints do the ministry (Eph. 4:11-12)

The Great Commandment: "And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind." - Matthew 22:37 (ESV)

Joined together with: "And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates." - Deuteronomy 6:6-9

The Biblical Family is defined as People loving God with all of their heart, soul, and mind. Parenting is to lead children to love the Lord with their heart, soul, and mind.