



Rifle



Name _____

All Rifle activities must be done under the safety requirements of the *Trail Life USA Health and Safety Guide* and the *Shooting Sports Guidebook*.

Do all of the following requirements (I-4)

- ____ 1. Complete the Navigator or Adventurer Shooting Sports Orientation.
- ____ 2. Participate in a Rifle orientation that covers the following:
 - ____ a. Four parts of a rifle stock
 - ____ b. Seven parts of a rifle action
 - ____ c. Five parts of a rifle barrel
 - ____ d. Six popular types of rifle actions
 - ____ e. Three types of sights and their uses
 - ____ f. A rifle's caliber and how to select the correct caliber ammunition for a particular rifle
- ____ 3. Participate in a rifle safety orientation that includes the Trailman doing the following:
 - ____ a. Recite from memory the three rules of the *Gold Standard in Gun Safety* guidelines in the Shooting Sports Guidebook or Shooting Sports Supplement.
 - ____ b. Explain the Rules for Safe Gun Use and Storage.
 - ____ c. Describe or demonstrate the common Range Commands.
 - ____ d. List the proper safety gear for rifle shooting.
 - ____ e. Describe how to safely verify whether a rifle is loaded or unloaded.
 - ____ f. Describe how to safely pick up a rifle and carry it from one place to another.
 - ____ g. Describe how to detect each of the following types of cartridge malfunctions, and explain the appropriate action for each type:
 - ____ i. Misfire
 - ____ ii. Hangfire
 - ____ iii. Squib Load

- _____4. Under qualified adult supervision, participate in a rifle shooting skill orientation that includes the Trailman doing the following:
- _____a. Using a rifle, demonstrate the three rules of the Gold Standard in Gun Safety guidelines in the Shooting Sports Guidebook or Shooting Sports Supplement.
 - _____b. Demonstrate how to safely verify whether a rifle is loaded or unloaded.
 - _____c. Demonstrate how to safely pick up a rifle and carry it from one place to another.
 - _____d. Demonstrate the five fundamentals of shooting:
 - _____i. Aiming
 - _____ii. Breath Control
 - _____iii. Hold Control
 - _____iv. Trigger Control
 - _____v. Follow Through
 - _____e. Shoot a total of at least 100 rounds of ammunition and correctly using at least two of the five positions: Benchrest, Prone, Sitting, Kneeling, or Standing.
 - _____f. Demonstrate how to safely and properly clean a rifle after use

Do Three of the following optional requirements (5-15)

- _____5. Write a letter to the editor of a local publication explaining your position on gun rights.
- _____6. Play one or more shooting range games that involves shooting a total of at least 100 rifle rounds for each participant. Some example games are listed in the Shooting Sports Supplement.
- _____7. Participate in a Project Appleseed shooting event.
- _____8. Participate in shooting sampler day and shoot at least 3 different rifle types (e.g. TLUSA Recoil Rally in Georgia).
- _____9. Complete the NRA Basic Rifle course.
- _____10. Earn a Pro-marksman or higher Winchester/NRA Marksmanship Qualification in any Rifle discipline.
- _____11. Participate in a rifle clinic or competition sanctioned by Civilian Marksmanship Program (CMP), National Rifle Association (NRA), National Shooting Sports Foundation (NSSF), or USA Shooting.
- _____12. With a .22 rimfire or .17 HMR rifle, from a position of your choice, at a distance of 50 feet, fire five 3-shot groups that can be covered with a quarter. The rifle can have either open or aperture sights. The 3-shot groups do not have to be fired on the same day.
- _____13. From a bench, sight-in a scoped rifle by adjusting the scope until you can shoot a 1" group of 3 shots at 100 yards (50 yards for a rimfire caliber rifle).

- ____ 14. With a center-fire rifle, from a position of your choice, at a distance of 100 yards or greater, fire 5 one-inch groups of three-shots each.
- ____ 15. With a center-fire rifle, from a position of your choice, at a distance of 400 yards or greater, shoot 5 rounds at a man-size target and hit it at least 4 times. Do this twice.

Trail Badge Mentor Signature

Date

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