



Lifesaving

Name _____

Lifesaving is a certification badge. One nationally recognized course is American Red Cross (ARC) Junior Lifeguarding. There may be other local courses run by fire departments or other emergency services entities that are substantially equivalent to ARC Junior Lifeguarding and would meet the minimum Trail Badge standards.

ARC Junior Lifeguarding is for ages 11-14 and does not qualify one to serve as a lifeguard, but rather is preparation for ARC Lifeguarding.

ARC Lifeguarding is a Freedom Experience in Adventurers and should not be used for an elective Trail badge.

Trail Badge Mentor Signature

Date

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