



**TRAIL
LIFE
USA**

Paintball



Name _____

All Paintball activities must be done under the safety requirements of the *Trail Life USA Health and Safety Guide* and the *Shooting Sports Guidebook*.

Do all of the following requirements (1-5)

- ____1. Complete the Navigator or Adventurer Shooting Sports Orientation.
- ____2. Participate in a Paintball orientation that covers the following:
- ____a. Description of Paintball and basic rules
 - ____b. Safe Zones
 - ____c. Field Conduct including:
 - ____i. Expected behavior when a player is Hit
 - ____ii. Expected behavior by Deadmen
 - ____iii. Appropriate action against players fighting over a disputed call
 - ____iv. All hits against the body and gear are considered Hits except under the rules which may exclude splatter, marker, and/or head hits.
 - ____v. **Calling "Blind Man" to stop the game for an emergency or inability to see**
 - ____d. When to call Surrender and at what distance
 - ____e. Maximum paintball velocity in feet per second (FPS) or meters per second (MPS) for indoor and outdoor games including close quarters combat(CQB) for the following weapons:
 - ____i. Standard Paintball Marker
 - ____ii. Sniper Marker
 - ____iii. Hand Grenades
 - ____iv. M203 launched Grenades
- ____3. Participate in an Paintball safety orientation and do the following:



- _____a. Recite from memory the three rules of the *Gold Standard in Gun Safety* guidelines in the Shooting Sports Guidebook or Shooting Sports Supplement.
 - _____b. List the Six Rules for Safe Paintball Marker Handling and describe similarities to and differences from the three rules of the *Gold Standard in Gun Safety* guidelines.
 - _____c. Describe or identify the parts of a paintball marker including: the hopper, Gas Valve/System, Barrel plug, Marker body, Air regulator, and Bolt
 - _____d. Explain how Paintball Markers differ from actual firearms; list at least three examples.
 - _____e. Describe how to properly transport a Paintball Marker.
 - _____f. Explain and demonstrate the proper safety gear for Paintball game play and describe the importance of the following safety gear:
 - _____i. Face mask: full vs. partial masks ,throat protection, and anti-fogging methods
 - _____ii. Clothing: paintball specific gear versus normal street clothes
 - _____iii. Proper footwear.
 - _____iv. Gloves
 - _____g. Explain and demonstrate proper trigger control
 - _____h. Demonstrate how to safely Load, Unload, and CLEAR the following Paintball Marker types.
 - _____i. MagFed markers (i.e. Tippmann US Army Marker or TCR MagFed Markers -Rifle/Pistol)
 - _____ii. Gravity or electric fed hopper markers (CO2/HPA)
 - _____iii. Air driven hopper configured markers (CO2/HPA)
 - _____i. Describe proper handling and use of the following:
 - _____i. Barrel Plug
 - _____ii. Barrel Cover
 - _____iii. High Pressure Air tanks (HPA)
 - _____iv. Carbon dioxide (CO2) Cartridge
 - _____j. Explain and demonstrate how to clear a jammed paintball
 - _____k. Describe when a Paintball should NOT be used and list 4 examples.
- _____4. Do the following to prepare to *Be Responsible, Respect Your Community, Obey the Law*:

- _____a. Read the laws in your state for the purchase of Airsoft guns and regulations for their use in your community. Then do the following:
 - _____i. List at least three criteria required for paintball marker purchases (example, be 18 years old), list the code citation for your state if applicable.
 - _____ii. List at least two laws governing Paintball play in the Community. (Example, play at commercial facility)
- _____b. Describe how you should respond if approached by a law enforcement officer during Paintball play.
- _____c. Describe how you should respond if a neighbor asks you to stop playing in your neighborhood.
- _____5. For each of the following game scenarios, participate in a game scenario and rules orientation and then play the game scenario:
 - _____a. Capture the Flag
 - _____b. Escort Mission
 - _____c. Death Match
 - _____d. Deliver the Package
 - _____e. Medical Mission

Do Three of the following optional requirements (6-11)

- _____6. Describe Blind Fire; when it should and should not be used; and why it is not permitted at some commercial paintball facilities.
- _____7. Explain the differences between and the uses and benefits for the following:
 - _____a. MagFed markers (i.e. Tippmann US Army Marker or TCR MagFed Markers - Rifle/Pistol)
 - _____b. Gravity or electric fed hopper markers (CO₂/HPA)
 - _____c. Air driven hopper configured markers (CO₂/HPA)
- _____8. Explain the difference between a tight bore barrel, a standard barrel, and a sniper barrel. Describe how each of these impact performance.
- _____9. **Explain what a paintball's "caliber" is and show how to ensure you have the correct caliber paintball for a tight bore barrel, a standard barrel, and a sniper barrel**

____10. Describe and demonstrate how to safely clean and maintain a paintball marker

____11. Design your own game, including the following parameters:

____a. Format: indoor or outdoor

____b. Type of game or scenario

____c. Field layout design including designated safe zones

____d. Game rules (All safety guides must be considered) including: game duration, respawn rules (if any respawns), and how to win.

For Recommended Resources: See the Shooting Sports Supplement

Trail Badge Mentor Signature

Date

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